

Core Quadrants

The following diagnostic questions will help you identify your qualities, pitfalls, challenges, and allergies.

Core Quality

- What I take for granted in myself
- What others appreciate about me
- What I take for granted in others

Pitfall

- What I'm willing to overlook in others
- What others hold against me
- What I tend to gloss over in myself

Allergy

- What I find irritating about others
- What I would loathe myself for
- What others advise me to put into perspective

Challenge

- What I admire or appreciate in others
- What others wish for me
- What I feel I lack

Core Quality

Helpful

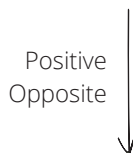
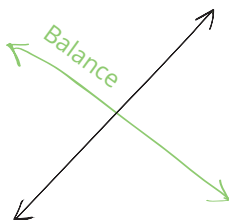
Too much of a good thing

Pitfall

Meddlesome



Positive
Opposite



Positive
Opposite

Allergy

Indifferent

Too much of a good thing

Challenge

Letting go